The Art of Birth

<http://www.theartofbirth.net/>

True Love Birth Services

<https://truelovebirthservices.ca/>

Kristin Mundy

[kristin@thedoulalife.ca](mailto:kristin@thedoulalife.ca)

The Life Nest

<https://thelifenest.com/>

Katie The Mama Coach

<https://themamacoach.com/coaches/katie-roebuck>

Between Mothers

<http://betweenmothers.ca/>

Niagara Region Public Health

<https://www.niagararegion.ca/parents/becoming-a-parent/classes.aspx>

Birth Unafraid

https://www.birthunafraid.org/home.html